

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Chili ConCarne Steamed Brown Rice Peas &amp; Carrots Corn Muffin Fresh Banana</p>	<p>2 Hot Roast Beef Sandwich Mashed Potatoes Broccoli Fresh Orange <b>Cold Lunch</b> Orange Juice Ham &amp; Swiss on Deli Rye Lettuce &amp; Tomato Diced Peaches</p>	<p>3 Cream of Celery Soup BBQ Chicken Leg Brown Rice Harvard Beets Mandarin Oranges <b>Cold Lunch</b> Cranberry Juice Seafood &amp; Roamine Salad Dinner Roll / Macaroni Salad Fresh Apple</p>	<p>4 Italian Sausage w/Peppers &amp; Onions Spinach Carrots Fresh Banana <b>Cold Lunch</b> Grape Juice Egg Salad w/Tossed Greens Pasta Salad / Wheat Roll Applesauce</p>	<p>5 Seafood Salad on Kaiser Lettuce &amp; Tomato Coleslaw Swiss Cream Cookies <b>Cold Lunch</b> Pineapple Juice Tuna Salad on Wheat Lettuce &amp; Tomato Fresh Apple</p>
<p>8 Orange-Pineapple Juice Chicken w/Garlic Sauce Rice Pilaf Green Beans Fresh Apple</p>	<p>9 Orange Juice Salisbury Steak Sweet Potatoes Winter Mix Vegetables Chocolate Pudding <b>Cold Lunch</b> Orange Juice Chicken Salad Sandwich 3 Bean Salad Fig Bar</p>	<p>10 Romaine Salad Pasta with Meatballs Carrots Fresh Orange <b>Cold Lunch</b> Cranberry Juice Corned Beef &amp; Swiss on Rye Coleslaw Fresh Apple</p>	<p>11 Tossed Salad Chicken Parmesan Brown Rice Pilaf Spinach Vanilla Pudding <b>Cold Lunch</b> Orange Juice Antipasta Salad Saltines / Pasta Salad Fresh Orange</p>	<p>12 Bean &amp; Bacon Soup Tuna Salad on Wheat Roll Coleslaw Oreo Cookies <b>Cold Lunch</b> Pineapple Juice Chicken Caesar Salad Bread Sticks Swiss Cream Cookies</p>
<p>15 Cranberry Juice Roast Turkey with Gravy Stuffing Peas &amp; Carrots Fresh Banana</p>	<p>16 Orange Juice Hot Meatloaf Sandwich Mashed Potatoes Peas Apple Sauce <b>Cold Lunch</b> Orange Juice Salad w/Ham &amp; Cheese Dinner Roll Graham Crackers</p>	<p>17 <b>St. Patrick's Day Party</b> <i>Pineapple Juice</i> <i>Corned Beef &amp; Cabbage</i> <i>Parslied Potatoes</i>  <i>Dinner Roll</i> <i>Irish Cupcakes</i> <b>Cold Lunch</b> Cranberry Juice Italian Hoagie Potato Salad Pineapple Tidbits</p>	<p>18 Pineapple Juice Sloppy Joe Sandwich Mixed Vegetables Fresh Apple <b>Cold Lunch</b> Pineapple Juice Chef Salad Pasta Salad / Wheat Roll Fresh Apple</p>	<p>19 Macaroni &amp; Cheese Stewed Tomatoes Peas &amp; Carrots Fresh Orange <b>Cold Lunch</b> Apple Juice Tuna Salad on Deli Rye Tomato Salad Diced Peaches</p>
<p>22 Orange-Pineapple Juice Grilled BBQ Chicken Rice Pilaf Carrots Fresh Orange</p>	<p>23 Hot Roast Beef Sandwich Mashed Potatoes Collard Greens Pineapple Tidbits <b>Cold Lunch</b> Cranberry Juice Chicken Salad on Romaine w/Egg &amp; Tomato Wedges Wheat Roll / Pasta Salad Tropical Fruit</p>	<p>24 Veal Parmesan Pasta with Sauce California Vegetables Diced Peaches <b>Cold Lunch</b> Pineapple Juice Turkey Sandwich Coleslaw Swiss Cream Cookies</p>	<p>25 <b>Celebrate Birthdays!</b> Chicken Noodle Soup Cheeseburger Coleslaw Vanilla Pudding <b>Cold Lunch</b>  Apple Juice Chef Salad Saltines / Pasta Salad Fresh Orange</p>	<p>26 Grape Juice Crab Cake Macaroni &amp; Cheese Stewed Tomatoes Fresh Orange <b>Cold Lunch</b> Orange-Pineapple Juice Ham Salad Sandwich Potato Salad Fig Bar</p>
<p>29 Cranberry Juice Roast Pork with Gravy Whipped Potatoes Green Beans Granola Bar</p>	<p>30 Chili Con Carne Steamed Brown Rice Peas &amp; Carrots Fresh Banana <b>Cold Lunch</b> Orange Juice Ham &amp; Swiss on Deli Rye Lettuce &amp; Tomato Diced Peaches</p>	<p>31 Cream of Celery Soup BBQ Chicken Leg Brown Rice Harvard Beets Mandarin Oranges <b>Cold Lunch</b> Cranberry Juice Seafood &amp; Roamine Salad Dinner Roll / Macaroni Salad Fresh Apple</p>	<p><b>March 2010 Lunch Menu</b></p> <p>Call 2 days in advance to reserve your meal (215) 487-1750</p> <p>Cost: <b>Age 55-59 \$3.25, Age 60+, optional suggested donation \$2.00 - \$3.25 (The amount you pay is your choice)</b></p>	