

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center"><b>April 2009 Lunch Menu</b></p>  <p>6012 Ridge Ave      Phila., PA 19128</p> <p><b>\$1.50 suggested optional donation</b>  <b>Call 2 days in advance to reserve your meal</b>  <b>215-487-1750</b></p>		<p>1  Hot Roast Beef w/Gravy  Mashed Potatoes  Broccoli  Fresh Orange  <b>Cold Lunch</b>  Cranberry Juice  Seafood &amp; Romaine Salad  Roll / Macaroni Salad  Fresh Apple</p>	<p>2  Italian Sausage  w/Peppers &amp; Onions  Carrots      Spinach  Fresh Banana  <b>Cold Lunch</b>  Orange Juice  Cob Salad  Wheat Roll  Fig Bar</p>	<p>3  Bean &amp; Bacon Soup  Tuna on Wheat Roll  Coleslaw  Oreo Cookies  <b>Cold Lunch</b>  Orange Juice  Ham &amp; Swiss on Rye  Lettuce &amp; Tomato  Diced Peaches</p>
<p>6  Tomato Soup  Ham Steak w/Fruit Sauce  Green Beans  Whole Kernel Corn  Rye Bread  Granola Bar</p>	<p>7  Orange Pineapple Juice  Salisbury Steak w/Gravy  Sweet Potatoes  Winter Mix Vegetables  Fresh Apple  <b>Cold Lunch</b>  Pineapple Juice  Chicken Salad on Roll  Potato Salad  Oreo Cookies</p>	<p>8  Romaine Salad  Pasta with Meatballs  Carrots  Medium Orange  <b>Cold Lunch</b>  Apple Juice  Roast Beef &amp; Swiss on Rye  Coleslaw  Granny Smith Apple</p>	<p>9  Tossed Salad  Chicken Parmesan  Brown Rice Pilaf  Spinach  Vanilla Pudding  <b>Cold Lunch</b>  Grape Juice  Egg Salad Sandwich  Coleslaw  Fresh Orange</p>	<p>10  Minestrone Soup  Egg Salad on Bun  Coleslaw  3 Bean Salad  German Chocolate Cake  <b>Cold Lunch</b>  Orange Juice  Chicken Caesar Salad  Bread Sticks  Swiss Cream Cookies</p>
<p>13  Cranberry Juice  Roast Turkey with Gravy  Stuffing  Whole Wheat Roll  Peas &amp; Carrots  Fresh Banana</p>	<p>14  Orange Juice  Hot Meatloaf Sandwich  Mashed Potatoes    Peas  Apple Sauce  <b>Cold Lunch</b>  Cranberry Juice  Chicken Salad on Romaine  w/Egg &amp; Tomato Wedges  Roll / Macaroni Salad  Tropical Fruit</p>	<p>15  Swedish Meatballs  Noodles  Broccoli  Diced Pears  <b>Cold Lunch</b>  Apricot Nectar  Italian Hoagie  Potato Salad  Pineapple Tidbits</p>	<p>16  Cream of Celery Soup  BBQ Chicken Leg  Brown Rice  Harvard Beets  Mandarin Oranges  <b>Cold Lunch</b>  Pineapple Juice  Chef Salad  Potato Salad / Wheat Roll  Medium Apple</p>	<p>17  Pineapple Juice  Sloppy Joe Sandwich  Mixed Vegetables  Granny Smith Apple  <b>Cold Lunch</b>  Cranberry Juice  Tuna Salad on Deli Rye  Tomato Salad  Diced Peaches</p>
<p>20  Pineapple Juice  Grilled BBQ Chicken  Rice Pilaf  Carrots  Grain Dinner Roll  Fresh Orange</p>	<p>21  Roast Beef with Gravy  Sweet Potatoes  Whole Kernel Corn  Pineapple Tidbits  <b>Cold Lunch</b>  Orange Juice  Salad w/Ham &amp; Cheese  Whole Grain Dinner Roll  Graham Crackers</p>	<p>22  Veal Parmesan  Pasta with Sauce  California Vegetables  Diced Peaches  <b>Cold Lunch</b>  Pineapple Juice  Turkey on Multi-Grain Bread  Coleslaw  Swiss Cream Cookies</p>	<p>23 <b>Celebrate Birthdays!</b>  Grape Juice  Crab Cake  Macaroni &amp; Cheese  Stewed Tomatoes  Cake &amp; Ice Cream  <b>Cold Lunch</b>  Apple Juice  Chicken Caesar Salad  Saltines / Pasta Salad  Fresh Orange</p> 	<p>24  Chicken Noodle Soup  Cheeseburger  Lettuce &amp; Tomato  Coleslaw  Vanilla Pudding  <b>Cold Lunch</b>  Orange Pineapple Juice  Chicken Salad Sandwich  Potato Salad  Fig Bar</p>
<p>27  Cranberry Juice  Roast Pork with Gravy  Whipped Potatoes  Green Beans  Whole Wheat Bread  Granola Bar</p>	<p>28  Chili Con Carne  Steamed Brown Rice  Peas &amp; Carrots  Fresh Banana  <b>Cold Lunch</b>  Orange Juice  Ham &amp; Swiss on Rye  Lettuce &amp; Tomato  Diced Peaches</p>	<p>29  Seafood Salad Sandwich  Lettuce &amp; Tomato  Coleslaw  Swiss Cream Cookies  <b>Cold Lunch</b>  Cranberry Juice  Seafood &amp; Romaine Salad  Roll / Macaroni Salad  Fresh Apple</p>	<p>30 <b>Spring Tea Party!</b>  <b>Blended Juice</b>  <b>Ham w/Fruit Sauce</b>  <b>Brown Rice</b>  <b>Buttered Peas</b>  <b>German Chocolate Cake</b>  <b>Cold Lunch</b>  Orange Juice  Cob Salad  Wheat Roll  Fig Bar</p>	