







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>May 2012 Lunch Menu</b> <b>*VEGE OUT! 5/23 Fresh Veggies &amp; Dip</b></p>	<p><b>1 Cold Lunch</b> Orange Juice Turkey &amp; Provolone Sandwich Carrot &amp; Raisin Salad Oatmeal Cookies <b>Hot Lunch</b> Cranberry Juice Roast Turkey Mashed Potatoes Green Beans, Wheat Roll Apple Slices, Rice Pudding</p>	<p><b>2 Cold Lunch</b> Cranberry Juice Tuna Pasta Salad Marinated Tomato Salad Apple Bran Muffin, Banana <b>Hot Lunch</b> Apple Juice Chicken Cacciatore Broccoli, Whole Wheat Bread Rotini Pasta Pineapple Chunks</p>	<p><b>3 Health Fair</b>  <b>Cold Lunch</b> Apple Juice Tri Salad Plate Wheat Roll Graham Crackers Fresh Fruit Medley</p>	<p><b>4 Cold Lunch</b> Cranberry Juice Ham &amp; Swiss on Wheat Corn &amp; Bean Salad Fresh Grapes <b>Hot Lunch</b> Orange Juice, Tossed Salad Chicken Stir Fry, Brown Rice Chow Mein Noodles Graham Crackers Fresh Whole Pear</p>
<p><b>7</b> Pineapple Juice Vegetarian Soup Yankee Pot Roast Parslied Potatoes Diced Carrots Biscuit Peach Cobbler</p>	<p><b>8 Cold Lunch</b> Pineapple Juice Tuna Salad Plate Tossed Salad with Tomato Wheat Roll, Saltine Crackers Fruit Cocktail <b>Hot Lunch</b> Turkey Divan Capri Blend Vegetables Brown Rice Whole Wheat Bread Peaches</p>	<p><b>9 Cold Lunch</b> Grape Juice Grilled Chicken Sandwich Coleslaw Strawberry Oatmeal Bar Fresh Banana <b>Hot Lunch</b> Grape Juice Cream of Broccoli Soup Salisbury Steak with Gravy Italian Mixed Vegetables Egg Noodles, Fresh Banana</p>	<p><b>*10 Cold Lunch</b> Poor Boy Sandwich (Bologna, Ham, Salami &amp; Cheese) on Wheat Roll 3 Bean Salad, Banana <b>*Hot Lunch (Changed)*</b> Orange Juice Italian Sausage w/Peppers &amp; Onions, Rotini Pasta Spinach, Whole Wheat Roll Marinated Tomato Salad Applesauce</p>	<p><b>*11 Cold Lunch</b> Cranberry Juice Spinach &amp; Chicken Salad Multi Grain Bread Tropical Fruit, Rice Pudding <b>*Mother's Day Luncheon</b>  <b>Chicken Scampi</b> <b>White Rice</b> <b>Snap Peas w/Mushrooms</b> <b>Strawberry Spinach Salad</b> <b>Wheat Roll</b> <b>Brownies</b></p>
<p><b>14</b> Orange Juice Chicken Pot Pie Green Beans Multi Grain Roll Graham Cracker Apricots</p>	<p><b>15 Cold Lunch</b> Orange Juice Three Cheese Hoagie Macaroni Salad Tomato &amp; Onion Salad Sliced Peaches, Fruit Bar <b>Hot Lunch</b> Chili Con Carne Brown Rice, Cornbread Corn, Mixed Fruit</p>	<p><b>16 Cold Lunch</b> Grape Juice Turkey &amp; Swiss on Rye Coleslaw Fresh Orange <b>Hot Lunch</b> Grape Juice Beef Stroganoff, Noodles Parslied Cauliflower Pineapple Chunks</p>	<p><b>17 Cold Lunch</b> Cranberry Juice Chicken Pasta Salad Marinated Tomato Salad Saltine Crackers, Apple <b>Hot Lunch</b> Tossed Salad Chicken Alfredo California Blend Vegetables Bread</p>	<p><b>18 Cold Lunch</b> Pineapple Juice Tuna Salad Sandwich Baby Carrots Graham Crackers, Fresh Pear <b>Hot Lunch</b> Chicken Noodle Soup Hot Roast Beef Sandwich Spinach, Roasted Potatoes Granola Bar, Fresh Orange</p>
<p><b>21</b> Orange Juice Pulled Pork with Gravy Macaroni &amp; Cheese Cut Green Beans Coleslaw Wheat Bun Sliced Peaches</p>	<p><b>22 Cold Lunch</b> Apple Juice Chicken Caesar Salad Whole Wheat Roll Fresh Orange <b>Hot Lunch</b> Pineapple Juice Oven Roasted Chicken Seasoned Cubed Potatoes Peas &amp; Carrots, Cornbread Graham Crackers Fresh Apple</p>	<p><b>23 VEGGIE OUT!</b> <b>Cold Lunch</b>  Orange Juice Italian Hoagie Tomato &amp; Onion Salad Macaroni Salad Apple Sauce, Granola Bar <b>Hot Lunch</b> Cranberry Juice Cream of Mushroom Soup Roasted Turkey, Broccoli Glazed Sweet Potato, Pears</p>	<p><b>24 Cold Lunch</b> Apple Juice Egg Salad Sandwich Baby Carrots Bran Muffin, Grapes <b>Hot Lunch</b> Pineapple Juice Meatloaf, Mashed Potatoes Snap Peas, Wheat Bread Graham Crackers Fresh Banana</p>	<p><b>25 Cold Lunch</b> Chicken Salad Plate Cucumber Salad, Wheat Roll Graham Crackers Fruit Plate <b>Hot Lunch</b> Grape Juice, Tossed Salad Meat Lasagna Italian Blend Vegetables Wheat Breadsticks Rice Pudding</p>
<p><b>28</b> <b>Center Closed</b> </p>	<p><b>29 Cold Lunch</b> Grape Juice Chef Salad, Satine Crackers Cornbread, Fresh Pear <b>Hot Lunch</b> Orange Juice Cheeseburger Lettuce &amp; Tomato, Baked Beans Jell-O</p>	<p><b>30 Cold Lunch</b> Orange Juice Turkey &amp; Provolone Sandwich Carrot &amp; Raisin Salad Oatmeal Cookies <b>Hot Lunch</b> Cranberry Juice Roast Turkey Mashed Potatoes Green Beans, Wheat Roll Apple Slices, Rice Pudding</p>	<p><b>31 Celebrate Birthdays!</b> <b>Cold Lunch</b>  Cranberry Juice Tuna Pasta Salad Marinated Tomato Salad Apple Bran Muffin, Banana <b>Luuu Lunch</b> <b>Sweet n Sour Chicken</b> <b>Brown Rice</b> <b>Tropical Fruit</b> <b>Pineapple Chunks</b> <b>Coconut Cake</b> </p>	<p><b>Remember to reserve your meal at least 2 days in advance.</b> <b>Luch Cost: Age 55-59: \$3.25</b> <b>Age 60+, optional suggested donation \$2.00 - \$3.25</b> <b>(The amount you pay is <u>your choice</u>)</b></p>

Birth Date: Month/Day: \_\_\_\_\_

Name: \_\_\_\_\_